National Trails Day occurs annually on the first Saturday in June to celebrate the Nation's Trail System and the thousands of people nationwide who work to support and enhance our trail networks. Trails provide access to natural and urban areas and give us opportunities for recreational and educational activities; trails support healthy lifestyles and can offer much needed exploration, solitude, and reflection. Trails are widely used by hikers, cyclists, horseback riders, and runners, as well as by children and adults alike.

Throughout Los Angeles County, there are over 200 miles of multi-use trails operated by the Department of Parks and Recreation spanning the geographical diversity of the region. Our County's multi-use trails climb hillsides to travel along ridgelines, provide alternative paths of travel through urban and suburban settings, and follow waterways from the mountains to the sea. Our trails support physical fitness and emotional well-being for residents and tourists of all ages by offering diverse

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opportunities for mountain biking, hiking, and running while helping to preserve the environment.

I, THEREFORE, MOVE that the Board does hereby proclaim June 4, 2016 as National Trails Day in Los Angeles County and urge all its citizens to explore the County multi-use trail network and participate in events throughout the County to celebrate and support multi-use trails.

My office, along with the Department of Parks and Recreation, will commemorate National Trails Day in the County with the "Multi-Use Trails Day Celebration" on June 4, 2016 at Pathfinder Park in Rowland Heights from 8:00 am to 2:00 pm. This event will include trail excursions, educational workshops, a trails fair, food and entertainment. We invite you to bring your family and friends and show your support for the County's multi-use trails network.

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DK:di